

RESIDENT AND FAMILY

# Recipe

CONTEST WINNER

## Pineapple Orange Gelatin Salad

VADA

DEANE HILL PLACE – KNOXVILLE, TENNESSEE

CATEGORY: LOW SODIUM

**SERVES: 24**

**SERVING SIZE: 2" X 2" SQUARES**

### INGREDIENTS

1-15 oz can crush pineapple, undrained

1-6 oz pkg orange flavored gelatin

2 cups buttermilk

1 cup flaked coconut

1 cup pecans, chopped

1-16 oz frozen whip topping

### DIRECTIONS

1. Place pineapple in saucepan and bring to a boil stirring constantly.
2. Remove from heat, add gelatin and stir until dissolved.
3. Stir in buttermilk, coconut and pecans.
4. Cool until begins to thicken and fold in whipped topping.
5. Pour into a 13" x 9" x 2" dish and chill in refrigerator until firm.
6. Cut in 2" x 2" squares and serve.



  
**Deane Hill Place**  
Senior Living